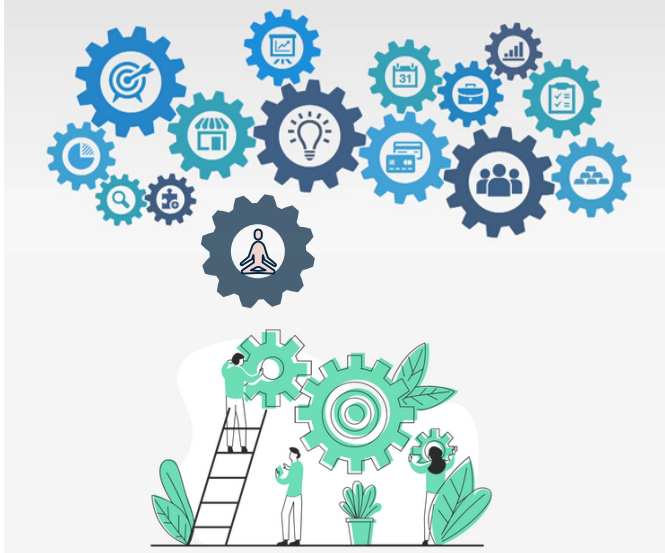


# SPIRITUALITY, SUSTAINABILITY AND LEADERSHIP



The world has come to a stage where we can no longer ignore sustainability or spirituality. Every human endeavour is calling for a sense of inclusivity, connectedness, belongingness, compassion and a long-term vision that includes the future generations as well. When spirituality is the foundation of growth and development, sustainability is ensured. This course is designed to introduce the participants to models of leadership, ecology and lifestyle based on spiritual and sustainable principles.

## HIGHLIGHTS

**Date:** June 22- 26, 2020 ( 1 hr each day)

**Time:** 8 pm - 9 pm Indian Standard Time

**Mode:** Online live through google meet and resource material through google classroom

**Components:** Lecture sessions, Q and A, Research and Case study readings and discussions

Course completion certificates will be provided

**Who can attend:** university students, working professionals, academics, social and business leaders, sustainability and spirituality explorers and practitioners

The course is free but requires registration

**Register: [anaadi.org/ss](https://anaadi.org/ss)**

# SPIRITUALITY, SUSTAINABILITY AND LEADERSHIP

## LEARNING OUTCOMES

- Understanding spirituality and sustainability during volatile and uncertain situations
- Understanding the dynamic interaction and interdependence of self, society and environment
- Charting a roadmap of sustainable and spiritual leadership for organizational and societal development

## COURSE STRUCTURE

Day	Topic Title	By	Duration
22 June	Indian spiritual thought and approach to sustainability	Prof. Laszlo Zsolnai Adinarayanan and Smrithi	1 hr
23 June	Integral Ecology	Prof. Laszlo Zsolnai	1 hr
24 June	Responsible Leadership	Prof. Laszlo Zsolnai	1 hr
25 June	Yoga for Sustainability and Businesses	Adinarayanan and Smrithi	1 hr
26 June	Handling Crisis Situations and creating sustainable futures	Prof. Laszlo Zsolnai Adinarayanan and Smrithi	1 hr

## COURSE FACULTY



**Prof. Laszlo Zsolnai** is professor and director of the Business Ethics Center at the Corvinus University of Budapest. He is president of the European SPES Institute in Leuven and chairman of the Business Ethics Faculty Group of the CEMS - The Global Alliance in Management Education in Paris. He is fellow of the Royal Society of the Arts in London and professional member of New York Academy of Sciences.

His international experience include University of California at Berkeley, Georgetown University, University of Richmond (Virginia), Concordia University Montreal, University of Oxford, University of Cambridge, Vienna University of Economics and Business, Bocconi University Milan, University of St. Gallen, Europe-University of Viadrina (Frankfurt/Oder), Copenhagen Business School, Norwegian School of Economics, and Helsinki School of Economics.



**Adinarayanan**, founder, Anaadi Foundation is a yogi and visionary teacher. He is an Adjunct Professor of practice at NRCVEE, IIT Delhi. He is a TEDx and Srijan Talks speaker. With a decade of teaching and research experience in the academia, he co-founded Anaadi Foundation for societal well-being. He has an MS in Computer Engineering from North Carolina State University and is a fellow of Europe Spirituality in Economics and Society (SPES). Having spent more than 150 days in Mouna Tapasya - intense silent meditation in isolation, Adinarayanan brings the essence of his tapasya(intense practice) in all his lectures and program offerings. He was a core group member of Value Education at MHRD, Government of India (Ministry of Education, India) in 2017-18.



**Smrithi Adinarayanan** is the co-founder of Anaadi Foundation. She was formerly an Edtech and Cognitive Science researcher and a professor of Computer Science. She has an MS in Information Systems from University at Buffalo, USA and Amrita University. Before moving to Amrita, she was with Infosys Technologies, Bangalore. With a rich experience in teaching and research, Smrithi has inspired several teachers and students through her insights on the teaching and learning process. In 2015, she was at the University of LAquila, Italy as Visiting Professor. A regular practitioner of Yoga and a technology enthusiast, she blends meditation, technology, humor and stories in all her sessions. She devotes her energies in designing the various initiatives and programs of Anaadi Foundation.